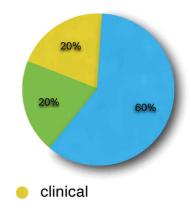
communication

# Paediatric Resuscitation (Breathing Difficulty)

examination

History: This paediatric patient has breathing difficulties.

Task: Prepare to receive this patient. Assess and treat the patient.



| Marking criteria   | Not       | Partially | Completed |
|--|-----------|-----------|-----------|
| iviai kii ig Citteria                                    | Completed | Completed | Completed |
| Assembles ED team  | Completed | Completed |           |
| Briefly checks competency of team present                |           |           |           |
| and assigns roles to team members                        |           |           |           |
| Able to calculate WETFAG and uses dosage board or        |           |           |           |
| other means to verify dosages                            |           |           |           |
| Takes handover from EMT/paramedic/family                 |           |           |           |
| Demonstrates a ABCDE approach                            |           |           |           |
| Assesses airway (airway manuveoures and airway           |           |           |           |
| adjuncts as required)                                    |           |           |           |
| Asks for high flow oxygen via non-rebreather mask        |           |           |           |
| Assess breathing by look, listen and feel (bvm           |           |           |           |
| as required)   |           |           |           |
| Comments on effort, efficacy and effect of breathing     |           |           |           |
| Tachypnoea, air entry, chest expansion, recession,       |           |           |           |
| accessory muscle use, alar nasae flare, stridor and      |           |           |           |
| wheeze   |           |           |           |
| Assesses circulation (pulse and central capillary refill |           |           |           |
| time)  |           |           |           |
| Comments on colour, pulse rate                           |           |           |           |
| Asks for monitoring: ECG, SpO2, NIBP                     |           |           |           |
| Assesses disability using the AVPU or paediatric GCS     |           |           |           |
| and comments on mental state                             |           |           |           |
| Asks for temperature and blood sugar                     |           |           |           |
| Determines primary disorder and treats appropriately     |           |           |           |
| Summons help appropriately                               |           |           |           |
| Refers/handovers patient in a clear manner               |           |           |           |
| Offers explanation to parents and invites questions      |           |           |           |
| Overall  |           |           |           |

### Paediatric Resuscitation (Breathing Difficulty)

### Level 1 Understanding (basic sciences)

What are the anatomical differences between infants and adult upper airway?

The infant has a more superior in neck

The infant's Epiglottis is shorter, angled more over glottis

Infant Vocal cords are slanted: anterior commissure more inferior

Infant Larynx is cone-shaped: narrowest at subglottic cricoid ring

Infant tissues are Softer, more pliable: may be gently flexed or rotated anteriorly Infant tongue is relatively larger.

Infant head is relatively larger: naturally flexed in supine position.

#### Level 2 Understanding (applied sciences)

What are the non-anatomical differences between the paediatric and adult airways?

- 1. Young infants have relatively less oxygen reserve and a greater oxygen consumption.
- 2. Young infants (less than approximately 2-3 months) are obligate nose breathers.
- 3. Young children (especially 12-24 months of age) have a relative propensity to aspirate foreign bodies (food, coins).
- 4. More prone to Life-threatening infections: croup, epiglottitis, retropharyngeal abscess, bacterial tracheitis
- 5. Gastroesophageal reflux is quite common in infants.

## Level 3 Understanding (advanced sciences/management) How do you calculate the GCS or infants and children?

| Score                | Response                            | Response                          | Response                                |
|----------------------|-------------------------------------|-----------------------------------|---|
| Eye opening          | > 1 year                            | 0-1 year                          |   |
| 4                    | Opens spontaneously                 | Opens spontaneously               |   |
| 3                    | Opens to a verbal<br>command        | Opens to a shout                  |   |
| 2                    | Opens in response<br>to pain        | Opens in response<br>to pain      |   |
| 1                    | No response                         | No response                       |   |
| Best motor response  | > 5 years                           | 2-5 years                         | 0-23 months                             |
| 5                    | Oriented and able to<br>converse    | Uses appropriate words            | Cries appropriately                     |
| 4                    | Disoriented and able<br>to converse | Uses inappropriate words          | Cries                                   |
| 3                    | Uses inappropriate<br>words         | Cries and/or screams              | Cries and/or screams<br>inappropriately |
| 2                    | Makes incomprehensible<br>sounds    | Grunts                            | Grunts                                  |
| 1                    | No response                         | No response                       | No response                             |
| Best verbal response | > 1 year                            | 0-1 year                          |   |
| 6                    | Obeys command                       | Spontaneous                       |   |
| 5                    | Localizes pain                      | Localizes pain                    |   |
| 4                    | Flexion withdrawal                  | Flexion withdrawal                |   |
| 3                    | Flexion abnormal<br>(decorticate)   | Flexion abnormal<br>(decorticate) |   |
| 2                    | Extension (decerebrate)             | Extension (decerebrate)           |   |
| 1                    | No response                         | No response                       |   |