

What every GP training practice needs to know about GPStRs

1 What's the system and how does it work?

ASSESSMENTS

Every 6 months, (for first 2y of training) need to have done:
 3x COT or mini-CEX (COT if any post is in GP eg 4th post)
 3 x CbD
 1 x MSF (ST1 only)
 and some DOPs (hospital posts only)
 +/- 1 x PSQ
 A Clinical Supervisor's Report (hospital posts only)

Every 6 months, (for last 1y of training; ie GP posts) need to have done:
 6x COT
 6 x CbD
 1 x MSF
 +/- 1 x PSQ

Each trainee will need to complete a fixed number of assessments during their time at the practice.

some of these will involve members of the team other than the GP trainer (i.e MSF)
[see box in left upper corner](#)

Your trainee will need to be released from clinical commitments for their nMRCGP assessment sessions

regular: COTs and CbD
 one offs: CSA, AKT
[more info at www.rcgp.org.uk](http://www.rcgp.org.uk)

Your trainee may need to be released from clinical commitments to attend their Educational Supervision meetings

TWICE every 6 months.

Your trainee must be released to attend their compulsory weekly GP teaching, which is run by the local training programme.

Details available from your local P.D
 some schemes have other locally agreed programmes in addition to this one eg Weds Tutorials (Bradford)

THE FOLLOWING STILL NEED TO HAPPEN:
 Debriefing after surgery
 Random Case Analyses (RCAs) - weekly
 Problem Case Analyses (PCAs)
 Video Case Analyses (VCAs) - monthly

encourage GPStR to log these in the e-portfolio
video case analyses are NOT the same as COT

2 How do we fit in? What is expected of us?

Regular communication from training programme and from deanery, to trainer and trainee should help inform team

www.nhseportfolios.org.uk:8080/

Regular updates from RCGP via the e-portfolio

Trainer training and re-approval delivered by Deanery

Teaching of trainees should be made as relevant as possible to the GP curriculum, in order to maximise a trainees success in assessments, and their development towards becoming a safe, independent GP

GP curriculum at www.rcgp.org.uk

3 How am I doing?

Feedback from trainees

Deanery get feedback on you via Tyndale Questionnaire (ask for a copy)
 ask the trainee yourself either formally eg structured feedback questionnaires or informally eg feedback chat

Trainers should share info and learning with each other (helps you to calibrate yourself too)

at local trainers' workshops (contact your local PD)
at Deanery led trainers' seminars (available at www.yorkshiredeanery.com)
through the regional trainers' web forum <http://groups.yahoo.com/group/yorkshiretrainers/>
ask your local Programme Director for an invite

If you have any concerns about your GPStR, please flag them up EARLY with your local PD (and with GPStR)

KEY
ARCP=Annual Review of Competency Progression
CbD = Case based Discussion
COT = Consultation Observation Tool
CS = Clinical Supervisor
CSA = Clinical Skills Assessment
DOPs = Directly Observed Procedures
ES = Educational Supervisor
GPStR = GP trainee
Mini CEX = Mini Clinical Evaluation Examination
MSF = Multi Source Feedback
PD = programme director (course organisers)
PSQ = Patient Satisfaction Questionnaire
WPBA = Work Place Based Assessment

WEBSITES TO LOOK AT REGULARLY
 RCGP: www.rcgp.org.uk (eg nMRCGP, GP curriculum, cert)
 PMETB: www.pmetb.org.uk (eg certification)
 MMC: www.mmc.nhs.uk (eg gold guide)
 Yorkshire Deanery: www.yorkshiredeanery.com (local stuff)