## Thrombolysis History

History: This patient has chest pain and ST elevation on the ECG. The PCI lab is full.

Task: Determine this patients' suitability for thrombolysis.



examination	•	communication	•	clinical

Marking criteria	Not	Partially	Completed
	Completed	Completed	
Washed hands, introduction, patient identity			
Reviews notes, ECG, CXR (mediastinum)			
Reviews patient: asks timing of pain			
Offer analgesia			
Establishes patients knowledge			
Warfarin			
Haemophilia			
Severe liver disease			
Thrombocytopenia			
Stroke			
Recent surgery			
Trauma +/- Resuscitation			
Proliferative eye bleeding or vitreous haemorrhage			
Upper & lower GI bleeding			
Serious vaginal bleeding			
Pregnancy			
Hypertension Sys BP >200mmHG, Dia > 120			
History suggestive of Dissection			
Aortic aneurysm			
Previous streptokinase			
Previous allergies			
1-2% Bleed rate			
Asks for questions			
Asks patient her decision?			
Organises treatment			
Thanks patient			
Overall			

## **Thrombolysis History**

Level 1 Understanding (basic sciences)

Describe the evolution of a ST elevation (Q wave) myocardial infarction as seen on a ECG in terms of minutes, hours, days.

Minutes to hours: peaked T wave, Hours: ST elevation, Hours to days: T wave inversion and loss of R Wave, Days: Q wave (>0.04 sec in duration and >25% height of total QRS)

In non-ST elevation MI the timing is variable and the ECG shows horizontal ST depression and deep inverted T waves.

Level 2 Understanding (applied sciences) Draw a graph representing the elevation of three cardiac enzymes in myocardial infarction with relation to time.

Lactate dehydrogenase: rises slowly, peaks at 3 days, remains elevated for 12-14 days Troponin I: rises quickly, peaks 12 hours, remains elevated for 7-14 days Creatine kinase: moderate early rise, peaks 24 hours, remains elevated for 2-6 days

Cardiac enzyme changes with MI



AST rises 12 hours, peaks 36 hours, remains elevated for 3 days

LDH1 rises 18 hours, peaks 48 hours, remains elevated for 5 days

Level 3 Understanding (advanced sciences/management) What is the TIMI score? List five components of the TIMI score

TIMI = Thrombolysis in Myocardial Infarction trials.	Score	Risk Factor	
(Age ≥65 years, ≥3 CAD risk factors, Prior CAD	0-1	4.7%	
(stenosis >50%), Aspirin in last 7 days, ≥2 anginal	2	8.3%	
events in ≤24 hours. ST deviation >/= 0.5mm.	3	13.2%	
Elevated cardiac markers	5	26.2%	
	6-7	40.9%	

The score (0-7) gives the risk of cardiac events (death, MI or urgent revascularisation) within 14 days in TIMI IIB.