

STEROID LADDER

Very Potent

- ¹ **Dermovate** (clobetasol propionate 0.05%)
- ¹ **Dermovate Scalp Lotion** (clobetasol propionate 0.05%)

DO NOT USE ON:

- Face
- Groins
- Armpits
- Genitals
- Children
- Psoriasis

Potent

- ¹ **Betnovate** (betamethasone (as valerate) 0.1% in a water miscible basis)
 - ¹ **Betacap** (betamethasone (as valerate) 0.1% containing coconut oil derivative)
 - ² **Locoid** (hydrocortisone butyrate 0.1%)
 - ² **Synalar** (fluocinolone acetonide 0.025%)
- With salicylic acid**
- ¹ **Diprosalic** (betamethasone (as dipropionate) 0.05%, salicylic acid 3%)
- With Vitamin D (for use in psoriasis only)**
- ² **Dovobet** (betamethasone 0.05% (as dipropionate), calcipotriol 50 mcgs/g)
 - ² **Enstilar** (betamethasone 0.05% (as dipropionate), calcipotriol 50 mcgs/g)
- With antibacterial**
- ¹ **Fucibet** (betamethasone (as valerate) 0.1%, fusidic acid 2%)
 - ¹ **Synalar C** (fluocinolone acetonide 0.025%, cloquinol 3%)
 - ¹ **Synalar N** (fluocinolone acetonide 0.025%, neomycin sulfate 0.5%)

DO NOT USE ON

- Face
- Groins
- Armpits
- Genitals
- Children without expert opinion

Moderate

- ¹ **Betnovate RD** (betamethasone (as valerate) 0.025%)
 - ¹ **Eumovate** (clobetasone butyrate 0.05%)
 - ² **Fludroxycortide Tape** (14mcg/cm²)
- With urea**
- ¹ **Alphaderm** (hydrocortisone 1%, urea 10%)
- With antifungal & antibacterial**
- ¹ **Trimovate** (clobetasone butyrate 0.05%, oxytetracycline 3%, nystatin 100,000units/g)

DO NOT USE ON

- Eyelids

Mild

- ¹ **Hydrocortisone 1%**
 - ² **Synalar 1 in 10 Dilution** (fluocinolone acetonide 0.0025%)
- With antifungal**
- ¹ **Canesten HC** (hydrocortisone 1%, clotrimazole 1%)
 - ¹ **Daktacort** (hydrocortisone 1%, miconazole nitrate 2%)
 - ¹ **Nystaform HC** (hydrocortisone 1%, nystatin 100,000 I.U./g, chlorexidine)
- With antibacterial**
- ¹ **Fucidin H** (hydrocortisone 1%, fusidic acid 2%)

Products containing antibacterials should be used twice daily for 7 -14 days maximum per infective flare. Patients should then revert to a steroid that does not contain antimicrobials to control flares unless the skin is infected.