

GUIDELINES FOR PRESCRIBING SIP FEEDS

- For Adult Patients Not Under Care of Dietitian

Patient Category?

- Existing patient on sip feed not under care of dietitian
- Patient discharged from hospital on 7 day supply of sip feed
- Nursing Home/Residential Home/District Nurse request for sip feed

SIP FEEDS SHOULD ONLY BE USED IN **ADDITION** TO FORTIFIED MEALS/SNACKS

refer to 'Have you got a small appetite' leaflet or 'Low weight and diabetes' available at www.bradford-dietetics.org

Conditions for which nutritional sip feeds may be prescribed.

The Advisory Committee of Borderline Substances (ACBS) recommends that nutritional supplements can be prescribed for the following conditions. FP10 should be endorsed with the phrase 'ACBS approved'

- Disease Related Malnutrition
- Dysphagia
- Preoperative Preparation of Patients Who Are Malnourished
- Intractable Malabsorption
- Bowel Fistula(e)
- Short Bowel Syndrome
- Treatment Following Total Gastrectomy
- Proven Inflammatory Bowel

Initial sip feed choice should be from: -

Ensure Plus (V)

Fortisip (V)

Fresubin energy (V)

If milkshake sip feeds are not suitable then choose from: -

Enlive Plus (V)

Provide Xtra (V)

Fortijuice (V)

V = Vegetarian/Non meat containing

NB

Sip feeds can blunt the appetite
However if taken at the **END** of the meal this is less likely to spoil the appetite for the next meal

The initial prescription should be for 1 weeks supply and marked 'mixed flavours' (endorsed ACBS) to allow the patient to try various flavours. 1 – 2 carton per day should be tried initially. Once their preferred choice of product and flavour has been established, subsequent prescriptions should be generally given for 1 months supply.