


Gross motor development


Prone position

- Birth**
Generally flexed posture

- 2 weeks**
Feet flatter

- 4 months**
Lifts head and shoulders with weight on forearms

- 6 months**
Arms extended supporting chest


Pull to sit

- Birth**
Complete head lag

- 6 weeks**
Head control developing

- 4 months**
No head lag


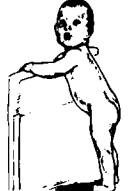



Sitting

- 6 weeks**
Curved back, needs support from adult

- 6-7 months**
Sits with self-propping

- 9 months**
Gets into sitting position alone


Standing and walking

- 6 months**
Stands with support

- 10 months**
Pulls to standing and stands holding on

- 12 months**
Stands, and walks with one hand held

- 15 month**
Walks independently and stoops to pick up objects


Fine motor development

Grasping and reaching




- 4 months**
Grasps a rattle and shakes it successfully

- 5 months**
Reaches for object





- 6 months**
Transfers object from hand to hand

- 7 months**
Finger feeds


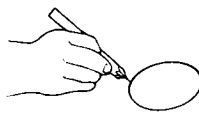

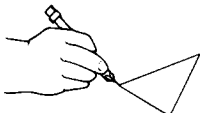

Building bricks

- 12 months**
Tosses bricks and catches them

- 18 months**
Builds a tower of two cubes

- 24 months**
Builds a tower of three cubes


Manipulation

- 5 months**
Whole hand grasp

- 9 months**
Immature pincer grasp

- 10 months**
Points at bead

- 12 months**
Mature pincer grasp


Pencil skills

- 18 months**
Scribbles with a pencil

- 3 years**
Draws a circle

- 4 years**
Draws a cross

- 5 years**
Draws a triangle


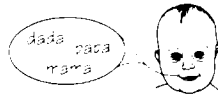
Speech and language development

Speech

3 months
Vocalizes



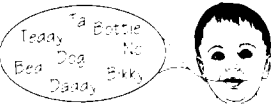
8 months
Double babble



12 months
Two or three words
with meaning



18 months
10 words



24 months
Linking two words



3 years
Full sentences,
talks incessantly



Social development

3 weeks
Smiles
responsively



16 weeks
Laughing out
loud



7 months
Stranger
anxiety



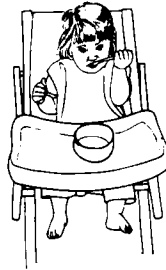
9 months
Peek a boo,
waves bye bye



15 months
Drinks from
a cup



18 months
Spoon-feeding
self



About 2 1/2 years
(very variable)
Toilet trained by day



3 years
Dresses self
(except buttons)



Important Milestones		Developmental warning Signs	
Age	Milestone	At any age	Maternal concern Regression in previous acquired skills
4-6 weeks	Smiles responsively	At 10 weeks	No smiling
6-7 months	Sits unsupported	At 6 months	Persistent primitive reflexes Persistent squint Hand preference
9 months	Gets to a sitting position	At 10-12 months	Little interest in people, toys, noises No sitting No double syllable babble
10 months	Pincer grasp	At months	No pincer grasp Not walking independently Less than 6 words
12 months	Walks unsupported	At 2 1/2 years	Persistent mouthing and drooling
18 months	Two or three words	At 4 years	No 2-3 word sentences Unintelligible speech
24 months	Tower of three or four cubes		
30 months	Two or three word sentences		