Gross motor development

Prone position
- Birth: Generally flexed posture
- 6 weeks: Parietal flattening
- 2 months: Headd and shoulders with arms on forearms
- 4 months: Arms extended, supporting chest

Pull to sit
- Birth: Head lag
- 6 weeks: Complete head lag
- 6-7 months: Sits with self-propping
- 9 months: Gets into sitting position alone

Sitting
- 6 weeks: Curved back, needs support from adult
- 6-7 months: Sits with self-propping
- 9 months: Gets into sitting position alone

Standing and walking
- 6 months: Stands with support
- 10 months: Pulls to standing and stands holding on
- 12 months: Stands, and walks with one hand held

Fine motor development

Grasping and reaching
- 4 months: Holds a rattle
- 5 months: Reaches for object
- 6 months: Transfers object from hand to hand
- 7 months: Finger feeds
- 15 months: Walks independently and stoops to pick up objects

Manipulation
- 5 months: Whole hand grasp
- 9 months: Immature pincer grasp
- 10 months: Points at bead
- 12 months: Mature pincer grasp

Building bricks
- 6 months: Puts a tower together
- 7 months: Puts a tower together

Pencil skills
- 18 months: Scribbles with a pencil
- 3 years: Draws a circle
- 4 years: Draws a cross
- 5 years: Draws a triangle

Gross motor development
- Standing and walking
- Pulling to sit
- Sitting
- Prone position

Fine motor development
- Grasping and reaching
- Manipulation
- Building bricks
- Pencil skills
Speech and language development

**Speech**
- **3 months**: Vocables
- **6 months**: Double babble
- **8 months**: Joids, peek-a-boo
- **12 months**: Two or three words with meaning

**Social development**
- **3 weeks**: Smiles responsively
- **16 weeks**: Laughing out loud
- **7 months**: Stranger anxiety
- **9 months**: Peeks a boo, wakes by eye contact
- **15 months**: Drinks from a cup

**Important Milestones**

<table>
<thead>
<tr>
<th>Age</th>
<th>Milestone</th>
<th>Developmental warning Signs</th>
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</thead>
<tbody>
<tr>
<td>4-6 weeks</td>
<td>Smiles responsively</td>
<td>Maternal concern</td>
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<tr>
<td>6-7 months</td>
<td>Sits unsupported</td>
<td>Regression in previous acquired skills</td>
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<tr>
<td>9 months</td>
<td>Gets to a sitting position</td>
<td>No smiling</td>
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<tr>
<td>10 months</td>
<td>Pincer grasp</td>
<td>Persistent primitive reflexes</td>
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<tr>
<td>12 months</td>
<td>Walks unsupported</td>
<td>Persistent squint</td>
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<tr>
<td>18 months</td>
<td>Two or three words</td>
<td>Hand preference</td>
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<tr>
<td>cubes</td>
<td>Tower of three or four</td>
<td>Little interest in people, toys, noises</td>
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<tr>
<td>24 months</td>
<td>Two or three word</td>
<td>No sitting</td>
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<tr>
<td>sentences</td>
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<td>No double syllable babble</td>
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<tr>
<td></td>
<td></td>
<td>No pincer grasp</td>
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<tr>
<td></td>
<td>At any age</td>
<td>At 10-12 months</td>
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<td>No sitting</td>
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<td></td>
<td>No double syllable babble</td>
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<tr>
<td></td>
<td>At 6 months</td>
<td>Persistent pincer grasp</td>
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<td>At months</td>
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<td>No walking independently</td>
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<td>Less than 6 words</td>
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<td></td>
<td>Persistent mouthing and drooling</td>
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<tr>
<td></td>
<td>At 2 ½ years</td>
<td>No 2-3 word sentences</td>
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<tr>
<td></td>
<td></td>
<td>Unintelligible speech</td>
</tr>
<tr>
<td></td>
<td>At 3 years</td>
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