What every GP training practice needs to know about GPSTRs

**What's the system and how does it work?**

- Each trainee will need to complete a fixed number of assessments during their time at the practice.
- Your trainee will need to be released from clinical commitments for their nMRCGP assessment sessions.
- Your trainee may need to be released from clinical commitments to attend their Educational Supervision meetings.
- Your trainee must be released to attend their compulsory weekly GP teaching, which is run by the local training programme.
- Debriefing after surgery
- Random Case Analyses (RCAs) - weekly
- Problem Case Analyses (PCAs)
- Video Case Analyses (VCAs) - monthly

**How do we fit in? What is expected of us?**

- Regular communication from training programme and from deanery, to trainer and trainee should help inform team
- Regular updates from RCGP via the e-portfolio
- Trainer training and re-approval delivered by Deanery
- Teaching of trainees should be made as relevant as possible to the GP curriculum, in order to maximise a trainee's success in assessments, and their development towards becoming a safe, independent GP

**How am I doing?**

- Feedback from trainees
- Trainers should share info and learning with each other (helps you to calibrate yourself too)

**KEY**

- ARCP = Annual Review of Competency Progression
- CBDD = Case based Discussion
- COT = Consultation Observation Tool
- CS = Clinical Supervisor
- CSA = Clinical Skills Assessment
- DOPs = Directly Observed Procedures
- ES = Educational Supervisor
- GPSTR = GP trainee
- Mini CEX = Mini Clinical Evaluation
- Examination
- MSF = Multi Source Feedback
- PD = programme director (course organisers)
- PSQ = Patient Satisfaction Questionnaire
- WPBA = Work Place Based Assessment

**WEBSITES TO LOOK AT REGULARLY**

- RCGP: www.rcgp.org.uk (eg nMRCGP, GP curriculum, cert)
- PMETB: www.pmetb.org.uk (eg certification)
- MMC: www.mmc.nhs.uk (eg gold guide)
- Yorkshire Deanery: www.yorkshiredeanery.com (local stuff)

**ASSESSMENTS**

- Every 6 months, (for first 2y of training) need to have done:
  - 3x COT or mini-CEX (COT if any post is in GP eg 4th post)
  - 3x CbD
  - 1x MSF (ST1 only)
  - and some DOPs (hospital posts only)
  - +/- 1x PSQ
- A Clinical Supervisor's Report (hospital posts only)

- Every 6 months, (for last 1y of training; ie GP posts) need to have done:
  - 6x COT
  - 6x CbD
  - 1x MSF
  - +/- 1x PSQ

**THE FOLLOWING STILL NEED TO HAPPEN:**

- Debriefing after surgery
- Random Case Analyses (RCAs) - weekly
- Problem Case Analyses (PCAs)
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**REGULAR UPDATES**

- Encourage GPSTR to log these in the e-portfolio
- Video case analyses are NOT the same as COT

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