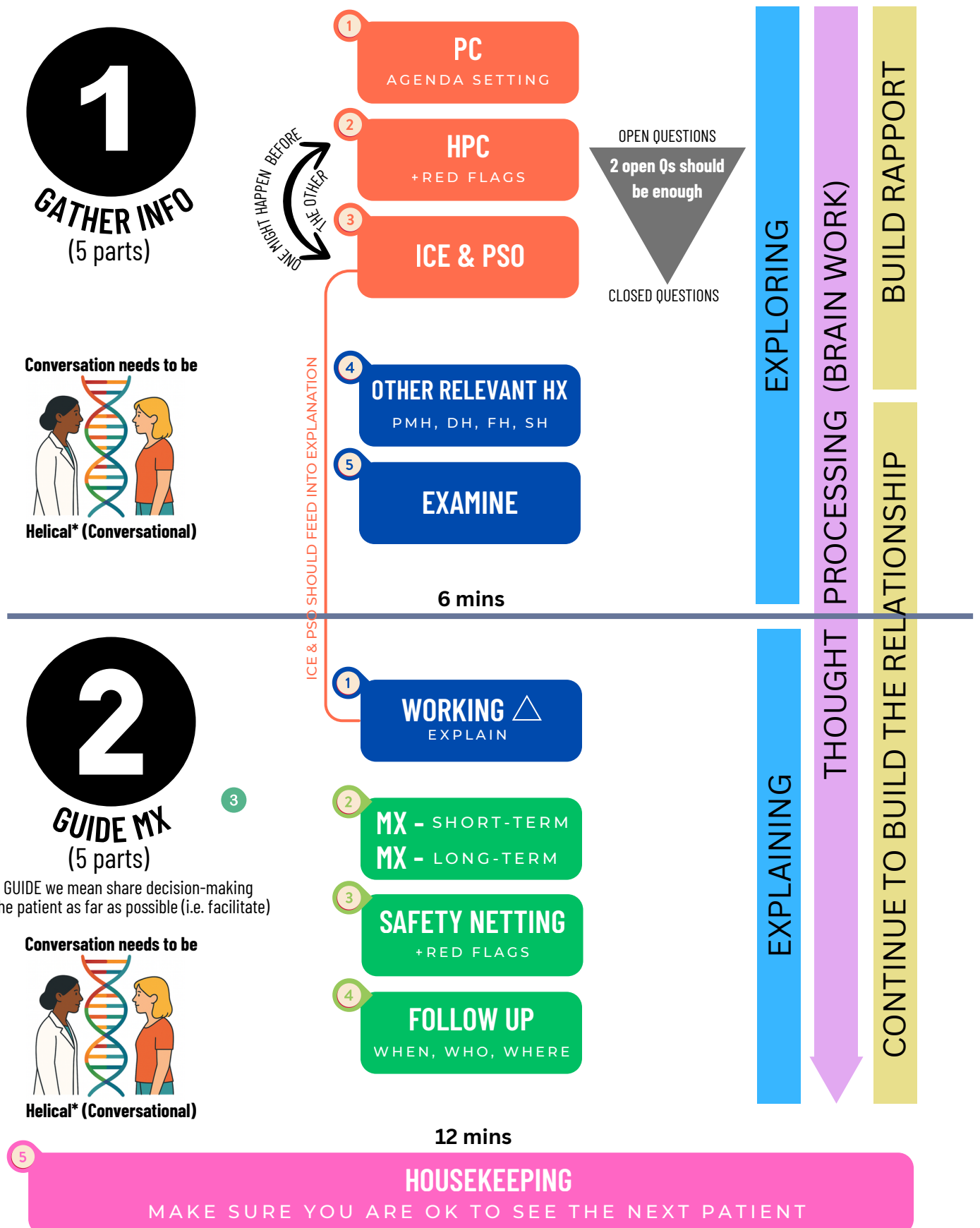


THE GATHER-GUIDE-HELICAL MODEL OF THE CONSULTATION

GATHER INFORMATION THEN GUIDE MANAGEMENT



*A helical conversation means the doctor and patient keep shaping what happens next based on what each other says – the doctor's next question depends on the patient's answer, and the patient's next response depends on the doctor's comment. It flows naturally, and **deepens understanding**, like a real chat with a friend or family member, instead of feeling like a list of questions in an interview.