

OBSERVATION OF CONSULTING - FORMAL

Consultation No	Date and Clock Time	Main reason for consultation with relevant background information including medication	Age and sex of patients	Degree of difficulty	Consent Y/N
1	06.02.03 08.55 am	Child had a cough for five days and Mum was concerned it was not settling. Was keeping family awake. Child was not a frequent consulter. No other illness or medication. All examination findings and PFR were normal.	6 years Female	Moderate	Yes
2	06.02.03 09.09 am	Patient was concerned re headaches for the past month. Was under stress at work and wondered if related but also worried about migraine or a 'blood clot' as Gran recently had a stroke. Medication co-codamol and oral contraceptive. Examination was normal. Impression was tension headache.	30 years Female	Moderate	Yes
3	06.02.03 09.16 am	Patient needed more of medication for rheumatoid arthritis – DMARD and wanted to discuss deteriorating function of ankle. Wondered about possibility of surgery. Long list of medication – sheet attached. 58 years.	58 years Female	Difficult	Yes
4	06.02.03 09.28 am	Baby with conjunctivitis. Family about to go on holiday. Mum concerned he may get worse abroad.	4 months Male	Straight-forward	Yes
5	06.02.03 09.36 am	Patient with low lumbar pain for six days. Works as a joiner – work difficult. There were no red flag symptoms or signs and I think he has mechanical back pain. Concern may become chronic as he is having problems with work and is trying to rest – against my advice.	39 years Male	Difficult	Yes

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6	06.02.03 10.03 am	Child had few molluscum on trunk and Mum was concerned they were not settling. Natural history was explained and Mum was happier.	7 years Female	Straight-forward	Yes
7	06.02.03 10.09 am	Patient presented with increasing frequency of angina over the past two weeks. The episodes had also occasionally occurred at rest. They were helped by GTN but it was taking longer to work than usual. He had a MI six years ago.	70 years Male	Moderate	Yes
8	06.02.03 10.19 am	Patient had injured his knee while playing football four days ago. He twisted his knee and it was now tender over the right medical collateral ligament. His knee was stable with no effusion.	28 years Male	Moderate	Yes
9	06.02.03 10.27 am	Patient presented with stress at work. She has a very busy job, two young children and has recently moved house. She was quite tearful and was not sleeping. She felt her mood low but had no thoughts of self harm. She was not a frequent attender.	34 years Female	Moderate	Yes