

Driscoll (by Borton) Model of Reflection (1994)

This model focuses on 3 stem questions: “**What?**”, “**So what?**” and “**Now what?**” Matching these questions to an experiential learning cycle and adding trigger questions which can be used to promote the learning experience and reflect on what was learnt.

Below is a list of questions that you may choose to answer in response to the three elements.

What.. (returning to the event)

- is the purpose of returning to the event?
- happened?
- did you see? did you do?
- was your reaction?
- did other people do?
- do you see as key aspects of this situation?

So what.. (understanding the context)

- how did you feel at the time?
- how do you feel now? are there any differences? why?
- were the effects of your actions?
- are the positive aspects?
- troubles you? if anything?
- were your experiences in comparison to your colleagues etc.?
- are the main reasons for feeling differently from your colleagues etc.?

Now what.. (adjusting future outcomes)

- are the implications for you, your colleagues, customers etc.?
- needs to happen?
- are you going to do about it?
- happens if you decide not to do anything?
- might you do differently if faced with a similar experience?
- information / skills do you need to face a similar experience?
- are your key learning points from this experience and reflection?

References: <http://my.cumbria.ac.uk/Public/LISS/Documents/skillsatcumbria/ReflectiveModelRolfe.pdf>
http://www.nottingham.ac.uk/nmp/sonet/rlos/placs/critical_reflection/models/driscoll.html

Hampshire Workforce Development

