

Example

<b>Date:</b>	<b>Resource: Men's Health in General Practice</b>
What do I need to learn about men's health?	<i>Risk behaviour of men and illness perception. Prostate symptom assessment and diagnosis. Erectile dysfunction identification and assessment.</i>
What outcomes do I hope to achieve?	<i>Identify high risk behaviour in men. Understand male perception of illness. Assess prostate symptoms to identify benign and cancer causes. Improve erectile dysfunction detection.</i>
In what ways has Men's Health in General Practice contributed to my learning objectives?	<i>Excellent. Provided clear and concise information that met my objectives. Updated existing knowledge and applied it to practice. Opportunity to reflect on clinical practice through the audit.</i>
How will I improve my record-keeping after completing the Audit assignments?	<i>Having identified the important criteria for the audit, improve the recording of data both on the notes and on the computer. Involve the practice nurse or audit clerk in the audit process. Implement a review process and re-audit to assess changes implemented.</i>
What changes will I make to the management of men's health problems?	<i>Proactive approach to identify high risk behaviour. Improve management of high risk CHD cases. Explore psychological and social aspects of illness. Improve urinary symptoms assessment.</i>
What other areas of men's health do I need to address?	<i>Clinical examination of the prostate. Sexually transmitted infections. Detection of depression in men.</i>
Future actions	<i>Attend urological clinic to improve clinical skills. Study other modules in this Men's Health package. Attend clinical meetings associated with this course.</i>
Any other notes	<i>Excellent package. Liked the case-based approach, clearly presented evidence-based clinical material and the use of consultants as a resource.</i>