What do I need to learn about men’s health?

**Risk behaviour of men and illness perception.**
**Prostate symptom assessment and diagnosis.**
**Erectile dysfunction identification and assessment.**

What outcomes do I hope to achieve?

**Identify high risk behaviour in men.**
**Understand male perception of illness.**
**Assess prostate symptoms to identify benign and cancer causes.**
**Improve erectile dysfunction detection.**

In what ways has Men’s Health in General Practice contributed to my learning objectives?

**Excellent. Provided clear and concise information that met my objectives.**
**Updated existing knowledge and applied it to practice.**
**Opportunity to reflect on clinical practice through the audit.**

How will I improve my record-keeping after completing the Audit assignments?

**Having identified the important criteria for the audit, improve the recording of data both on the notes and on the computer.**
**Involve the practice nurse or audit clerk in the audit process.**
**Implement a review process and re-audit to assess changes implemented.**

What changes will I make to the management of men’s health problems?

**Proactive approach to identify high risk behaviour.**
**Improve management of high risk CHD cases.**
**Explore psychological and social aspects of illness.**
**Improve urinary symptoms assessment.**

What other areas of men’s health do I need to address?

**Clinical examination of the prostate.**
**Sexually transmitted infections.**
**Detection of depression in men.**

Future actions

**Attend urological clinic to improve clinical skills.**
**Study other modules in this Men’s Health package.**
**Attend clinical meetings associated with this course.**

Any other notes

**Excellent package.**
**Liked the case-based approach, clearly presented evidence-based clinical material and the use of consultants as a resource.**