

Case 12.3 Information for the doctor

In this case you are a doctor in surgery.	
Name:	Walter White
Age:	66
Past medical history:	Hypertension Current medication: Ramipril 10mg Bisoprolol 1.25mg
Last consultation:	2 weeks ago: Presented with SOB for past 2/12, mainly on walking up one flight of stairs, no cough, ex smoker (stopped 10 years ago) OE: HS normal, chest few bibasal creps, pitting ankle oedema to midshin, sats 97%, bloods inc BNP, CXR then review with results. FBC: Normal U&Es, LFTs, CRP: normal BNP: 670 CXR: signs consistent with pulmonary oedema

Notes

Case 12.3 Information for the patient

You are *Walter White*, a 66-year old man. You have attended today to discuss your results.

ICE

- You are very worried about lung cancer as you used to smoke. One of your good friends died of lung cancer last year.
- You are hoping the doctor gives you good news about your X-ray. You are not really sure why the blood tests were done but hope these do not show anything too serious.

Background

You live with your wife and you are a retired teacher. You stopped smoking 10 years ago after smoking 10 a day for 30 years. You drink about 1–2 bottles of wine a week. You are reasonable active – you walk in the local area a lot and play golf once a week.

Information divulged freely

- You came to the doctors a few weeks ago to discuss your feeling of being out of breath. You first noticed it climbing the flights of stairs in your house a few months ago but now it is starting to be a problem on the golf course and you are struggling to keep up with your friends.
- You have not noticed a cough and have not had any chest pain. You had noticed your legs were a bit swollen but had not thought much of it until the other doctor asked last week.
- You sleep with 3 pillows at night and admit you have woken up feeling short of breath in the past month.

Only if probed

You are very worried about lung cancer as you used to smoke.
One of your good friends died of lung cancer last year and it was a very upsetting time.

Results for the doctor

Examination

- Sats 97%, PR 80, regular
- HS normal
- BP 130/80
- Chest – coarse creps both lung bases
- Pitting oedema both legs to midshin

Case 12.3 Marking scheme for the observer

Data gathering, technical and assessment skills		
+ve	-ve	descriptors
<input type="checkbox"/>	<input type="checkbox"/>	Takes an appropriate history of the patient's shortness of breath
<input type="checkbox"/>	<input type="checkbox"/>	Identifies the patient's ideas, concerns and expectations
<input type="checkbox"/>	<input type="checkbox"/>	Performs a targeted cardiovascular examination
Clinical management skills		
+ve	-ve	descriptors
<input type="checkbox"/>	<input type="checkbox"/>	Makes a diagnosis of heart failure and explains this to the patient
<input type="checkbox"/>	<input type="checkbox"/>	Refers to cardiology under the 2-week criteria due to the level of BNP
<input type="checkbox"/>	<input type="checkbox"/>	Starts diuretics as symptomatic treatment whilst the patient awaits referral
Interpersonal skills		
+ve	-ve	descriptors
<input type="checkbox"/>	<input type="checkbox"/>	Establishes good rapport with the patient
<input type="checkbox"/>	<input type="checkbox"/>	Gives clear explanation of diagnosis and further management
<input type="checkbox"/>	<input type="checkbox"/>	Avoids use of jargon
<input type="checkbox"/>	<input type="checkbox"/>	Allows time for the patient to ask questions